

# Resultat bantävling

Arrangör: **LK Nyköpings Runners**

Datum: 12 september 2012

Väder: +15 grader, vindstill

Plats: Ramdalens IP, Oxelösund

## Män 3 000 m

|   |                    |                      |         |
|---|--------------------|----------------------|---------|
| 1 | Tobias Brohlin     | SLK Oxelösund        | 10.42,2 |
| 2 | Roger Sten         | SLK Oxelösund        | 11.45,0 |
| 3 | Tommy Ericsson     | LK Nyköpings Runners | 12.13,6 |
| 4 | Lars Dennevi       | LK Nyköpings Runners | 12.58,0 |
| 5 | Jan-Olov Andersson | LK Nyköpings Runners | 13.34,0 |

## Kvinnor 3 000 m

|   |                |                      |         |
|---|----------------|----------------------|---------|
| 1 | Anna Ekholm    | LK Nyköpings Runners | 12.50,0 |
| 2 | Helene Pahverk | LK Nyköpings Runners | 15.14,0 |

## Män 5 000 m

|   |                    |                      |         |
|---|--------------------|----------------------|---------|
| 1 | Tobias Brohlin     | SLK Oxelösund        | 17.57,0 |
| 2 | Roger Sten         | SLK Oxelösund        | 19.32,6 |
| 3 | Tommy Ericsson     | LK Nyköpings Runners | 20.15,4 |
| 4 | Lars Dennevi       | LK Nyköpings Runners | 21.56,2 |
| 5 | Jan-Olov Andersson | LK Nyköpings Runners | 22.47,0 |

## Kvinnor 5 000 m

|   |                |                      |         |
|---|----------------|----------------------|---------|
| 1 | Anna Ekholm    | LK Nyköpings Runners | 22.08,0 |
| 2 | Helene Pahverk | LK Nyköpings Runners | 25.44,0 |

## Män 10 000 m

|   |                    |                      |         |
|---|--------------------|----------------------|---------|
| 1 | Tobias Brohlin     | SLK Oxelösund        | 36.29,0 |
| 2 | Roger Sten         | SLK Oxelösund        | 38.41,0 |
| 3 | Jan-Olov Andersson | LK Nyköpings Runners | 46.11,6 |

## Kvinnor 10 000 m

|   |                |                      |         |
|---|----------------|----------------------|---------|
| 1 | Anna Ekholm    | LK Nyköpings Runners | 44.59,2 |
| 2 | Helene Pahverk | LK Nyköpings Runners | 51.26,0 |